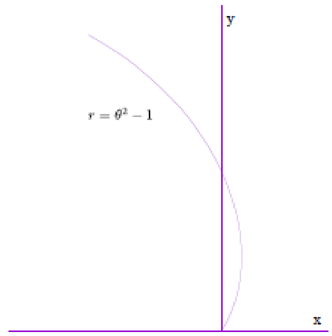
Example. Find the length of the curve $r = \theta^2 - 1$ from $\theta = 1$ to $\theta = 2$.



$$\frac{dr}{d\theta} = 2\theta.$$

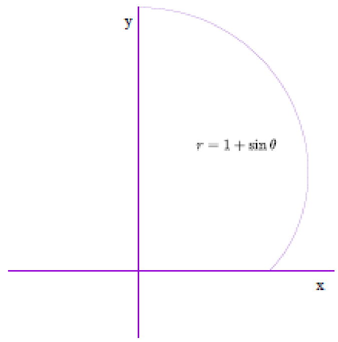
$$r^2 + \left(\frac{dr}{d\theta}\right)^2 = (\theta^2 - 1)^2 + 4\theta^2 = \theta^4 - 2\theta^2 + 1 + 4\theta^2 = \theta^4 + 2\theta^2 + 1 = (\theta^2 + 1)^2.$$

$$\sqrt{r^2 + \left(\frac{dr}{d\theta}\right)^2} = \theta^2 + 1.$$

The length is

$$\int_1^2 (\theta^2 + 1)\, d\theta = \left[\frac{1}{3}\theta^3 + \theta\right]_1^2 = \frac{10}{3} = 3.33333\ldots. \quad \square$$

Example. Find the length of the cardiod $r = 1 + \sin\theta$ for $\theta = 0$ to $\theta = \dfrac{\pi}{2}$.



$$\frac{dr}{d\theta} = \cos\theta.$$

$$r^2 + \left(\frac{dr}{d\theta}\right)^2 = (1+\sin\theta)^2 + (\cos\theta)^2 = 1 + 2\sin\theta + (\sin\theta)^2 + (\cos\theta)^2 = 2 + 2\sin\theta.$$

$$\sqrt{r^2 + \left(\frac{dr}{d\theta}\right)^2} = \sqrt{2}\sqrt{1+\sin\theta}.$$

I'll do the antiderivative separately:

$$\int \sqrt{2}\sqrt{1+\sin\theta}\,d\theta = \sqrt{2}\int \frac{\sqrt{1+\sin\theta}\sqrt{1-\sin\theta}}{\sqrt{1-\sin\theta}}\,d\theta = \sqrt{2}\int \frac{\sqrt{1-(\sin\theta)^2}}{\sqrt{1-\sin\theta}}\,d\theta =$$

$$\sqrt{2}\int \frac{\sqrt{(\cos\theta)^2}}{\sqrt{1-\sin\theta}}\,d\theta = \sqrt{2}\int \frac{\cos\theta}{\sqrt{1-\sin\theta}}\,d\theta =$$

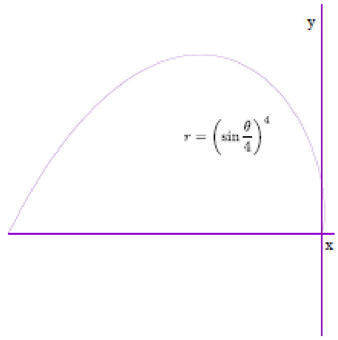
$$\left[u = 1 - \sin\theta, \quad du = -\cos\theta\,d\theta, \quad d\theta = \frac{du}{-\cos\theta}\right]$$

$$\sqrt{2}\int \frac{\cos\theta}{\sqrt{u}} \cdot \frac{du}{-\cos\theta} = -\sqrt{2}\int \frac{1}{\sqrt{u}}\,du = -\sqrt{2}\cdot 2\sqrt{u} + c = -2\sqrt{2}\sqrt{1-\sin\theta} + c.$$

The length is

$$\int_0^{\pi/2} \sqrt{2}\sqrt{1+\sin\theta}\,d\theta = \left[-2\sqrt{2}\sqrt{1-\sin\theta}\right]_0^{\pi/2} = 2\sqrt{2} = 2.82842\ldots. \quad \square$$

Example. Find the length of the polar curve $r = \left(\sin\dfrac{\theta}{4}\right)^4$ for $\theta = 0$ to $\theta = \pi$.



$$\frac{dr}{d\theta} = \left(\sin\frac{\theta}{4}\right)^3 \cos\frac{\theta}{4}.$$

$$r^2 + \left(\frac{dr}{d\theta}\right)^2 = \left(\sin\frac{\theta}{4}\right)^8 + \left(\sin\frac{\theta}{4}\right)^6 \left(\cos\frac{\theta}{4}\right)^2 = \left(\sin\frac{\theta}{4}\right)^6 \left[\left(\sin\frac{\theta}{4}\right)^2 + \left(\cos\frac{\theta}{4}\right)^2\right] = \left(\sin\frac{\theta}{4}\right)^6.$$

$$\sqrt{r^2 + \left(\frac{dr}{d\theta}\right)^2} = \left(\sin\frac{\theta}{4}\right)^3.$$

The length is

$$\int_0^{\pi} \left(\sin\frac{\theta}{4}\right)^3 d\theta.$$

I'll do the antiderivative separately:

$$\int \left(\sin\frac{\theta}{4}\right)^3 d\theta \int \left(\sin\frac{\theta}{4}\right)^2 \sin\frac{\theta}{4}\, d\theta = \int \left(1 - \left(\cos\frac{\theta}{4}\right)^2\right) \sin\frac{\theta}{4}\, d\theta =$$

$$\left[u = \cos\frac{\theta}{4}, \quad du = -\frac{1}{4}\sin\frac{\theta}{4}\, d\theta, \quad d\theta = -4\frac{du}{\sin\frac{\theta}{4}}\right]$$

$$-4\int (1-u^2)\left(\sin\frac{\theta}{4}\right) \cdot \frac{du}{\sin\frac{\theta}{4}} = -4\int (1-u^2)\, du = -4\left(u - \frac{1}{3}u^3\right) + c = -4\cos\frac{\theta}{4} + \frac{4}{3}\left(\cos\frac{\theta}{4}\right)^3 + c.$$

So

$$\int_0^{\pi} \left(\sin\frac{\theta}{4}\right)^3 d\theta = \left[-4\cos\frac{\theta}{4} + \frac{4}{3}\left(\cos\frac{\theta}{4}\right)^3\right]_0^{\pi} = \frac{8}{3} - \frac{5\sqrt{2}}{3} = 0.30964\ldots \quad \square$$