

Average Value of a Function: $f_{avg} = \frac{\int_a^b f(x) dx}{b-a}$

The average value of $f(x)$ on $[a, b]$ is $\frac{1}{b-a} \int_a^b f(x) dx$.

Integration	
The Average Value for a Function	$\frac{1}{b-a} \int_a^b f(x) dx$