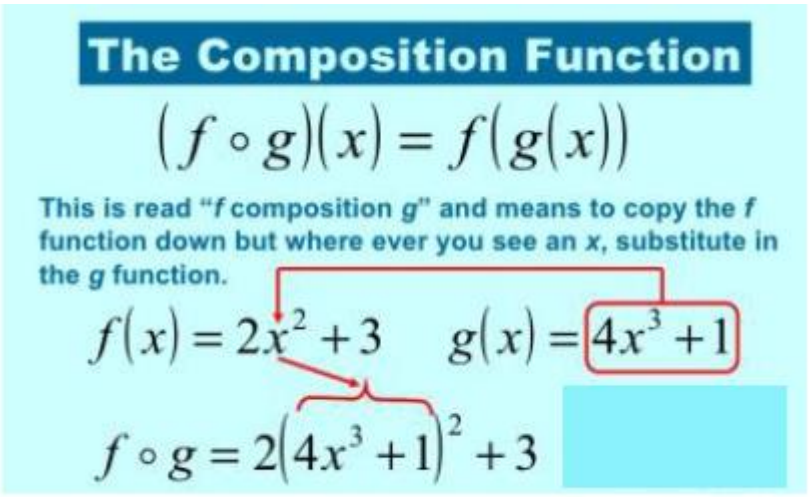

Given	
$f(x) = 3x + 7$	$g(x) = x^2 - x$
Solve for $[g \circ f](x)$	
First Term	BLOB
	$g(x) = \bullet^2 - \bullet$
Second Term	PARENTHESIS
	$f(x) = (3x + 7)$
Now, follow the first term. Copy everything down exactly as you see it, UNTIL you get to a blob. When you see a blob, copy down a parenthesis AND everything inside the parenthesis	
$[g \circ f](x) = (3x + 7)^2 - (3x + 7)$	